



## Have a health question or concern?

TELUS Health Virtual Care is a virtual healthcare platform that addresses your physical and mental health needs via encrypted text and video chat — 24 hours a day, 365 days a year, for you and your immediate family members.\*

You can connect directly with Canadian healthcare professionals for personalized answers to your health questions and concerns.

## Virtual Care features



Unlimited virtual consultations around the clock via encrypted text and video chat.



Convenient, private, bilingual care for non-emergency physical and mental health concerns.



New and refill prescriptions, specialist referrals, and lab requisitions.



Coverage for spouses and children.



Follow-up care delivered virtually, with no appointment needed.



Digital health record storage, with updates sent to your primary care physician upon request and with your consent.

## When to use Virtual Care

Receive care from home or work, across Canada, for non-emergency issues such as:

- Infections
- Rashes and skin irritations
- Anxiety
- Stomach and digestive issues
- Cough and colds
- Depression
- |-|
- Weight loss counselling

- Insomnia
- Smoking cessation
- Sport injuries
- + Much more

As a Desjardins business member and client, you can take advantage of a limited-time offer on virtual healthcare service. Get TELUS Health Virtual Care.

\$4.75 Organization of more than 200 employees. per employee, per month.\*\*

\$5.25 Organization with lest than 200 employeess per employee, per month.\*\*

To take advantage of this offer, email desjardins.virtualcare@telus.com

Offered to you through





Please note: Choose an appropriate place for your consultation to ensure your medical information remains confidential. Specific cases may require an in-person medical appointment at the discretion of the TELUS Health clinicians. The healthcare professionals available on the app cannot fill out forms for workplace or motor vehicle accidents, or issue sick notes for more than three days. TELUS Health Virtual Care is not to be used for emergencies.